## PRE-RELEASE- 12-month Curriculum

<table>
<thead>
<tr>
<th>Pre-release Module</th>
<th>Job/Life Skill Focus</th>
<th>Collaboration Partners</th>
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| **7 Habits on the Inside**          | ▪ Personal responsibility  
▪ Decision making  
▪ Priority setting/planning  
▪ Interrelationship skills  
▪ Listening; negotiating  
▪ Synergy  
▪ Continued learning               | Community Speakers                                 |
| **Financial Peace Dave Ramsey**    | ▪ Financial responsibility  
▪ Budgeting  
▪ Debt/credit management            | Wake Forest University  
First Tennessee Bank  
Local CPA                           |
| **Project Reentry**                | ▪ Access to social services  
▪ Personal responsibility  
▪ Parenting  
▪ Addictions/addictive behavior  
▪ Employment after release: applications, resumes, transferable skills  
▪ Access to employer database and placement services | Goodwill Project Reentry                       |
| **Employability Skills**           | ▪ Resume writing; cover letter  
▪ Job interviews  
▪ Networking  
▪ Communication Skills  
▪ Trade school and certification option | Forsyth Tech                                      |
| **Employment Placement**           | ▪ Identify employment opportunities in appropriate industries – construction, food services, automotive, manufacturing | Chamber of Commerce  
Local Employers  
City of W-S (SOAR)                    |

Transition to Work grew out of the 7 Habits classes from inmate requests to be given a second chance in finding employment after incarceration. Studies show the general recidivism rate increases from 40% to 60% when an ex-offender cannot find employment. Prerelease job skills and life skills training leading to employment reduces recidivism to 15%.

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