

PRE-RELEASE- 12-month Curriculum

Pre-release Module	Job/Life Skill Focus	Collaboration Partners
7 Habits on the Inside	<ul style="list-style-type: none"> ▪ Personal responsibility ▪ Decision making ▪ Priority setting/planning 	<ul style="list-style-type: none"> ▪ Interrelationship skills ▪ Listening; negotiating ▪ Synergy ▪ Continued learning
Financial Peace Dave Ramsey	<ul style="list-style-type: none"> ▪ Financial responsibility ▪ Budgeting ▪ Debt/credit management 	Wake Forest University First Tennessee Bank Local CPA
Project Reentry	<ul style="list-style-type: none"> ▪ Access to social services ▪ Personal responsibility ▪ Parenting ▪ Addictions/addictive behavior ▪ Employment after release: applications, resumes, transferable skills ▪ Access to employer database and placement services 	Goodwill Project Reentry
Employability Skills	<ul style="list-style-type: none"> ▪ Resume writing; cover letter ▪ Job interviews ▪ Networking ▪ Communication Skills 	<ul style="list-style-type: none"> ▪ Trade school and certification option
Employment Placement	<ul style="list-style-type: none"> ▪ Identify employment opportunities in appropriate industries – construction, food services, automotive, manufacturing 	<ul style="list-style-type: none"> ▪ Chamber of Commerce ▪ Local Employers ▪ City of W-S (SOAR)

Transition to Work grew out of the 7Habits classes from inmate requests to be given a second chance in finding employment after incarceration. Studies show the general recidivism rate increases from 40% to 60% when an ex-offender cannot find employment. Prerelease job skills and life skills training leading to employment reduces recidivism to 15%.