

## PRE-RELEASE 18-24 MONTH CURRICULUM

| Pre-release Module                        | Job/Life Skill Focus                                                                                                                                                                                                                                                | Collaboration Partners                                                                                                 |
|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| 7 Habits on the Inside<br>(Stephen Covey) | <ul style="list-style-type: none"> <li>• Personal Responsibility</li> <li>• Decision making</li> <li>• Priority setting/planning</li> <li>• Interrelationships skills</li> <li>• Listening, negotiating</li> <li>• Synergy</li> <li>• Continued learning</li> </ul> | <ul style="list-style-type: none"> <li>• Community Speakers</li> <li>• Instructors</li> </ul>                          |
| Financial Peace<br>(Dave Ramsey)          | <ul style="list-style-type: none"> <li>• Financial Responsibility</li> <li>• Budgeting</li> <li>• Debt/credit management</li> </ul>                                                                                                                                 | <ul style="list-style-type: none"> <li>• Truist Bank</li> <li>• Piedmont Federal</li> <li>• Local CPA</li> </ul>       |
| Reality 101                               | <ul style="list-style-type: none"> <li>• Dealing with Change</li> <li>• Remembering where you came from</li> <li>• Making positive choices</li> <li>• Personal Responsibility</li> <li>• Planning for Success</li> </ul>                                            | <ul style="list-style-type: none"> <li>• FJPM Staff</li> </ul>                                                         |
| Human Resource Development                | <ul style="list-style-type: none"> <li>• Employability Skills</li> <li>• Resume writing, cover letter</li> <li>• Job interviews</li> <li>• Networking</li> <li>• Communication skills</li> <li>• Trade school and certification option</li> </ul>                   | <ul style="list-style-type: none"> <li>• Forsyth Technical Community College</li> </ul>                                |
| Personal Development Course               | <ul style="list-style-type: none"> <li>• AA or NA</li> <li>• Bible Study class</li> </ul>                                                                                                                                                                           | <ul style="list-style-type: none"> <li>• AA</li> <li>• NA</li> <li>• Local Church Partners &amp; Volunteers</li> </ul> |

Transition to Work (TTW) grew out of the 7 Habits classes from inmate requests to be given a second chance in finding employment after incarceration. Studies show the general recidivism rate increases from 40% to 60% when an ex-offender cannot find employment. Pre-release job skills and life skills training leading to employment reduce recidivism to 15%.

The recidivism rate for graduates of the Transition to Work program is less than 8%, proving strategic and intentional pre-release programs and post-release support result in successful reentry into society.