

PRE-RELEASE 18-24 MONTH CURRICULUM

Pre-release Module	Job/Life Skill Focus	Collaboration Partners
7 Habits on the Inside (Stephen Covey)	<ul style="list-style-type: none"> • Personal Responsibility • Decision making • Priority setting/planning • Interrelationships skills • Listening, negotiating • Synergy • Continued learning 	<ul style="list-style-type: none"> • Community speakers • Instructors
Financial Peace (Dave Ramsey)	<ul style="list-style-type: none"> • Financial Responsibility • Budgeting • Debt/credit management 	<ul style="list-style-type: none"> • Truist Bank • Piedmont Federal • Local CPA
Project Reentry	<ul style="list-style-type: none"> • Access to social services • Personal responsibility • Parenting • Addictions/addictive behavior • Employment after release: applications, resumes, transferable skills • Access to employer database and placement services 	<ul style="list-style-type: none"> • Goodwill • Project Reentry
Employability Skills	<ul style="list-style-type: none"> • Resume writing, cover letter • Job interviews • Networking • Communication skills • Trade school and certification option 	<ul style="list-style-type: none"> • Forsyth Technical Community College
Employment Placement	<ul style="list-style-type: none"> • Identify employment opportunities in appropriate industries—construction, food services, automotive, manufacturing 	<ul style="list-style-type: none"> • Local Employers • Greater WS Inc. • City of W-S (SOAR) • Forsyth County • NC DOT

Transition to Work grew out of the 7 Habits classes from inmate request to be given a second chance in finding employment after incarceration. Studies show the general recidivism rate increases from 40% to 60% when an ex-offender cannot find employment. Pre-release job skills and life skills training leading to employment reduces recidivism to 15%.

The recidivism rate for graduate of the Transition to Work program is less than 8%, proving strategic and intentional pre-release programs and post-release support result in successful reentry into society.